



WELCOME TO WILLOW HILL FARM!

Information • Clothing list • Suggestions • Much more!

Willow Hill Farm Camp
 75 Cassidy Rd, Keeseville, NY 12944
 518-834-9746 phone 518-834-4670 fax
 www.willowhillfarm.com
 Email; Julie@willowhillfarm.com

Please download health form from our website and return before camp begins.

Arrival and Departure Times: Arrival time is between 1 & 4 PM. Departure time is between 10 & 12 AM. Let us know if you would like to arrange a different time.

Helmets: All campers must wear a safety approved ASTM helmet with a date inside less than 4 years. Helmets will be checked first day of camp.

Spending money: \$20 per week or more is necessary for weekly field trips, etc. You may make separate checks payable to Willow Hill Farm for expense money. Campers are asked not to have more than \$5 in their bunks. Expense money will be given out the morning of the field trip. If your child depletes expense account, we will ask them to notify you for replenishment.

Horse Shows: There will be competitions each week starting with the B Session. Campers wishing to compete must demonstrate knowledge of safety and horsemanship. Classes are for all levels from Walk-Trot to jumping 3' courses. Entry fees for beginners start at \$40 and levels in between vary from \$40-\$80. Instructors confer with campers to determine which and how many classes to enter. Entry for Jumping Derby, usually in the B Session, is \$30.

Clothing requirements for Horse Show Hunter, Equitation and Jumper classes:

Tall riding boots or paddock boots with smooth black leather half chaps. No suede. Light or dark colored riding jacket, show shirt with choker, beige or gray riding breeches.
 Jackets are not required for Jumper classes. Polo shirt with a collar is acceptable.

Clothing for daily riding and stable: Breeches or jodphurs and boots are worn for daily riding. Tank tops are not considered safe for jumping lessons. Protective shoes which cover the toe and ankle are necessary for work in the stable. No sandals, crocks or canvas sneakers. Think about what you would like to have on your foot when a thousand pound horse takes an unmindful step! **Bring a water bottle clearly marked with your name for use in the barnyard.**

Please identify all clothing and equipment.

Use of telephone is limited to 6:30 to 7:30 PM daily. Number to call is 518-834-9890.

CELL PHONES have a real purpose in fast paced living. That purpose has much to do with security, the communication of ever changing schedules and "comfort" to children and their parents of instant unimpeded contact anytime anywhere. Our experience with cell phones in camp is that they interfere with time schedules and routines. Anxious campers are less likely to turn to counselors or cabinmates who would help them to get over temporary feelings while allowing them to develop the independence and interdependence that parents have supposedly sent their children to camp to learn.

"Cell phones, video games, MP3 players have no place at camp. A break from technology offers an opportunity to experience daily life in a simpler and more basic fashion. Camp life offers this occasion through physical activity, face to face interaction and living close to nature—something that is a becoming a rarity in today's world."

—Excerpt from *Camp Forum* by Stephen Fine, Ph.D

Laundry: There is no charge for laundry. Campers bring their bagged laundry once weekly to the front yard where is taken, cleaned and returned in the evening or next morning.

List of Clothing and other equipment

Sleeping bag and pillow *(will be supplied for international campers)*

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|-----------------------------|------------------------|--------------------------|
| Laundry bag | 7 pair socks | swim towel |
| 2 towels & wash cloths | bathing suit | 2 pair shorts |
| rain jacket | flashlight | protective shoes |
| 2-3 pair breeches or jods | jeans | 7 sets underwear |
| riding boots, short or tall | sweater or sweat shirt | water bottle (with name) |
| 7 shirts | sneakers for swimming | |

Let's have another great summer

